The Copenhagen Psychosocial Questionnaire (COPSOQ)
Validation and knowledge dissemination in Sweden

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The Copenhagen Psychosocial Questionnaire (COPSOQ)

Aims of the validation project
- To validate the existing Swedish translation of COPSOQ II and further develop scales specifically directed towards personally enriching aspects in human service work
- To map the psychosocial work environment, stress, and wellbeing of first-line health care workers aiming to establish reference values and to analyze the interplay between individual and group factors in relation to outcomes such as sickness absence and staff turnover

Aims of the knowledge dissemination project
- To disseminate and facilitate the use of COPSOQ as a research-based tools in improvement of the working environment at workplaces.
- Central to the project is to build a homepage for workplaces to have easy access to information about COPSOQ, workplace assessments, interpretation of results, and planning of interventions.
- Data collected in research and at workplace surveys will be integrated in a database and showed as online interactive diagrams with open access.

Copenhagen Psychosocial Questionnaire
- Generic questionnaire
- First version introduced in 1997
- Translated into several languages

Publications

Virtual platform
Information
Workplace surveys
Open data and results

Follow-up data
- Turnover rate
- Sickness absence
- Workplace development

COPSOQ SWEDEN

Copenhagen Psychosocial Questionnaire
- 26 interviews
- Variation (job, age, gender, region)
- Identify potential problems
- Clarify perception of concepts
- Adjust wording

Backtranslation and evaluation of Swedish translation

Development of additional scales

Cognitive assessment study

Cross-sectional survey

- Multi level design
- COPSOQ questionnaire including additional scales

Researchers

Workplaces

Public health dental service organizations

Department/clinic

Staff

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